

Finger Independence 1

Hand Mechanics Workshop

Max Rich

Standard tuning

♩ = 120

Fingers remain fretted through entire exercise

Starting Position

mf

TAB (5) (6) (7) (8)

First Finger

Fingers 2, 3 & 4 remain fretted

TAB 5 5 5 5

Second Finger

Fingers 1, 3 & 4 remain fretted

TAB 6 6 6 6

Third Finger

Fingers 1, 2 & 4 remain fretted

TAB 7 7 7 7

Fourth Finger

Fingers 1, 2 & 3 remain fretted

TAB 8 8 8 8